Existentialism: Your Soundtrack

Existentialism: a philosophical theory or approach which emphasizes the existence of the individual person as a free and responsible agent determining their own development through acts of free will.

Curricular Competency:

Read and listen for enjoyment and achieve personal goals.

Recognize and understand the role of story, narrative, and spoken word in expressing perspectives, values, beliefs, and points of view.

Isabella Wang's poem *On Forgetting a Language* describes a time in her life when she felt isolated, like an outsider. Albert Camus's *The Guest* is a short story of a man who experiences cognitive dissonance: he deals with conflict because he does not want to take a side.

Short stories, poetry, and songs often tell a person's story: a moment in time. Narratives delve into answering big questions that people ask about life.

Objective:

As a responsible agent, you will create a 30-second soundtrack that is a metaphor for your life right now.

Method:

- 1. Play 30-seconds of a song you think is your soundtrack (your life) right now.
- 2. Give a one-minute talk on why the song is your soundtrack. Ideas may include, being in grade 12, emotions, and social life.
- 3. Record the 30-second soundtrack and the one-minute talk.
- 4. In a word document, type the script for your one-minute talk (approximately 200 words).

6	The six may draw upon any number of factors, such as maturity of style, discussion,
	argument, use of literary and/or rhetorical devices, sophistication of wit, or quality of
	imagination. This exhibits an effective style and a sophisticated use of language. Despite its
	clarity and precision, this need not be error-free.
5	The five displays some manipulation of language to achieve a desired effect and exhibits a
	clear sense of voice and of audience. It is thoughtful and engaging. Vocabulary and phrasing
	are varied and serve the writer's purpose successfully. Errors may be present, but they are
	not distracting.
4	The four conveys the writer's ideas, but without flair or strong control. Language, phrasing,
	and syntax are usually appropriate, but lack variety. Structure, regardless of type, is
	predictable and mechanical. It shows a clear sense of the writer's purpose. Conventions of
	language are usually followed, but some errors are evident.
3	The three is limited in development yet scores as adequate. It may feature underdeveloped
	or simplistic ideas. Transition[s] may be weak or absent. Support is frequently in the form of
	listed details. Little variety in language and structure is discernible. It may reflect some sense
	of purpose, but errors may be distracting.

Identify one thing you feel positive about after completing the soundtrack representing your life?